

Prayer Groups for all ages

Montreal, Canada

Teaching on silent prayer:
September 18, October 2-16-30,
November 13 and 27 2014

On Thursdays from 7-8:30 pm
Saint Viatour Parish, East side entrance
at 148 Épée Street, Outremont

Contact: Louise Boisvert
Louisendv@yahoo.ca or 514-504-7219

Trois-Rivières, Canada

Prayer group for all ages
2nd and 4th Tuesdays

(from 7-8 pm)

St. Gabriel the Archangel Church
102 Frère Séverin Street
Trois-Rivières G8T 3B7

Prayer Group for children
4th Saturday of the month

Contact: Cécile Raguenot
cecileraguenot@gmail.com or 819-376-5955

Vermont, USA

Montpelier: Thursday evening from
7 to 8:30 every three weeks from September
to June at Saint Augustine's parish church.
For more information about this and other
prayer groups that may develop, contact
Teresa Hawes

hawestndv@hotmail.com or 802-655-7219

Please see our website:

www.ourladyoflifeinstitute.org



Our Lady of Life Catholic Spiritual Center

945. rang de la Montagne
Saint Paul d'Abbotsford, Québec, Canada
JOE1A0
(Off of route 112 between Rougemont and Granby)

1-450-379-9104

Web Site: www.ourladyoflifeinstitute.org
ndvstpaul@videotron.ca

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Outaouais: Diane Bigras
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Day-Retreats with



NOTRE
DAME
DE VIE

Our Lady of Life

INSTITUTE

Year
2014-2015



Saint Teresa of Avila
5th centennial
1515-1582

“If only you knew what God gives”

Jn 4,10

Saint Teresa of Jesus – **Teresa of Avila** – was born in Spain on March 28th, 1515. When she was 21, she entered the Carmelite monastery of the Incarnation in her home town. After more than twenty years of religious life her heart was still divided between God’s call to total self-giving and her attachment to friends and family. She then received a noteworthy grace that freed her from herself and made her enter into both a deep intimacy with Christ and a great love of the Church. The fullness of her holiness and her fruitful apostolate may be summed up by her own words: **“I want to see God”** and **“I am a daughter of the Church.”**

As both a contemplative and an apostle, inspired by the Prophet Elijah, Teresa of Jesus reformed Carmel, bringing it back to its original rule. Elijah’s motto was: **“Alive is the Lord in whose presence I stand; I burn with zeal for the Living God.”** 1K 17:1; 19:10

She incarnated this prophetic spirit by founding 17 monasteries in Spain, responding to the needs of the Church. She also collaborated with John of the Cross to reform the Carmelite Friars.

Teacher par excellence of the spiritual life, her writings bear witness to her constant search for God by the paths of silent prayer. This is how Saint Teresa defines silent prayer: **“Silent prayer is nothing else but an intimate and friendly conversation with the God whom we know loves us.”** The **“living water”** of contemplation which flows from this is the gift which increases our love for God and our zeal for souls. Indeed, the fruitfulness of union with God draws the soul to work for the Church, for according to Saint John Paul II, **“love of Christ necessarily expresses itself in self-giving to the Church.”**

“I am a daughter of the Church” were Teresa of Jesus’ last words as she lay dying on October 4th, 1582. Mother of spiritual people by her life example and by her teaching, in 1970 she was, with Catherine of Sienna, the first woman to be proclaimed a Doctor of the Church, by Saint Pope Paul VI.

For All Ages

In English: (traduction simultanée en français)

- **Saturday, November 8th 2014, from 9:30 am to 7 pm**
Teaching given by Monsignor Richard G. Lavalley, priest of the Diocese of Burlington
- **Saturday, March 21st 2015, from 9:30 am to 7 pm**
Teaching given by Monsignor Richard G. Lavalley, priest of the Diocese of Burlington

In French (with simultaneous translation into English)

- **Saturday, November 15th 2014, from 9 am to 5 pm**
Teaching given by Brother Marie-Jean, o.c.d.
- **Saturday, March 7th 2015, from 9 am to 7 pm**
Teaching given by Dr. Thérèse Nadeau-Lacour, PhD. (Philosophy and Theology)
- **Saturday, May 2nd 2015, from 9 am to 5 pm**
Teaching given by Father Claude Sarrasin, priest of Our Lady of Life

*Information and registration: for Canada: ndvstpaul@videotron.ca
1-450-379-9104
for the USA: hawestndv@hotmail.com
1-802-655-7219*

For Young People

- **A spiritual journey in Spain in the footsteps of Saint Teresa of Avila is in the planning stages for the summer of 2015. For more information write to: ndvstpaul@videotron.ca or call 450 379-9104**
- **If you want to know more about Our Lady of Life Institute, you may come and share the members’ life in a setting of silence and solitude. To contact:**

*for Canada: ndvstpaul@videotron.ca
1-450 379-9104*

*for the USA: Teresa Hawes
hawestndv@hotmail.com
1-802-655-7219*

For Families

- **Saturday, June 13th 2015, from 9:30 am to 3 pm**

Information and registration:

*for Canada: dmbianchette@videotron.ca
1-450-379-9104*

*for the USA: hawestndv@hotmail.com
1-802-655-7219*

for more information in English